

COMPOSTING

WHAT YOU CAN



GREEN

(Organic material rich in Nitrogen)

Fruit and veggie scraps
(except citrus peels & onion)

Coffee grounds

Tea bags (if made with
natural materials)

Loose leaf tea

Soy/rice/almond or
coconut milk

Cooked rice or pasta

Flowers

Grass clippings

Weeds

Leaves trimmed from
house plants

Pits from fruit (cut up so
they don't sprout)



BROWN

(Organic material rich in Carbon)

Yard waste (dead leaves,
small branches, etc.)

Saw dust/wood chips from
untreated wood

Uncoated paper products
(ripped up)

Crushed eggshells

Dry cereal and breads

Nut shells

Oatmeal

100% cotton balls

Dryer lint

100% Latex products
(balloons, etc)

Uncoated cardboard
(ripped up)

Wine corks (chopped up)

WHAT YOU CAN'T



Fish, meat and whole eggs

Dairy products

Citrus peels (too acidic)

Onions (too acidic)

Dog and cat poop

Coated paper products

Cooking oil

Stickers (on fruit peels)

Coal fire ash

Treated wood

Large branches

Synthetic fertilizer

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& to learn about biodegradable seed paper!*